

THINK



True or False

A young woman with long blonde hair is shown in profile, wearing a black helmet and a grey puffer jacket. She has a red backpack on her back and is looking forward. The background is a blurred street scene with a white car. The image is overlaid with a teal gradient at the bottom.

# Cycling

You can be fined for cycling through a red light.



# True

It's as dangerous as going through a red light in a car. The police can issue a fixed penalty notice for crossing the stop line when the lights are red. A hole in your pocket could mean no Friday night out for you.

# Speeding

Young people are overly cautious regarding certain high-risk behaviours, such as speeding.

A photograph showing a young man and a young woman sitting in the front seats of a car. The man is on the left, wearing a denim jacket over a green shirt, looking down with a slight smile. The woman is on the right, wearing glasses and a yellow jacket, also looking down. The car's interior and window are visible. The background is a bright blue sky with various colorful arrows and shapes.

# False

Research tells us that young drivers are more likely to report an intention to speed. Not only do they exceed the speed limit more often, but they do so more excessively than older drivers. A greater proportion of their crashes is associated with driving too fast for the conditions. Their crashes are frequently the result of intentional high speed and are more likely to occur at weekends and at night.

# Peer pressure

Newly qualified drivers are much more likely to die or be seriously injured in a crash when carrying young passengers than when driving alone.

A photograph of a young man and woman sitting in the front seats of a car. The man is on the left, wearing a purple jacket, looking towards the woman on the right. The woman is wearing glasses and a red jacket, smiling and looking at the man. The car's interior and window are visible.

# True

Research shows that peer pressure can be distracting and can encourage bad driving and result in drivers ‘showing off’ to their passengers and taking more risks. When carrying older adult passengers, risk decreases, indicating it is peer pressure rather than simply the presence of passengers that raises the risk.

In summary, don’t do anything you wouldn’t do with a parent/guardian present!

A young man with short brown hair is sitting in the driver's seat of a car. He is wearing a dark blue jacket over a light blue t-shirt. He is looking out the window to his right with a neutral expression. The car's interior, including the steering wheel and dashboard, is visible. The background outside the car is bright and slightly blurred.

# Mobile phones

The current penalty for driving and using your mobile phone is 4 points and a £50 fine.





# False

Rules changed on March 1st 2017, the penalty for using your phone is 6 points on your licence (a likely hefty insurance cost rise) plus a £200 fine. So no Friday's out for you for a month!

As of 2018, 26,000 people have received fines with 500 people losing their driving licences.

# Emergency stop

The stopping distance when driving at 40 mph on a dry day is 36m, whereas on a rainy day it should be at least doubled.

A young man with dark hair is looking out of the driver's side window of a white car. The car is covered in raindrops, and the background is a rainy street. The car has a pink stripe along the bottom. The image is part of a presentation slide with a blue background and neon icons at the top.

THINK

# True

Road conditions have a huge impact on stopping distances, so don't assume a car will be able to stop in time, even if it looks far away.

# Over-confident?

1 in 10 car driver fatalities are aged under 25.



# False

It's actually 1 in 5!

This may be because the frontal lobe, the part of the brain that helps control impulses and emotions and assesses risk, is not fully developed until your mid-20s.

A young Black man with braided hair and a red beanie is smiling broadly while riding a bicycle. He is wearing a black puffer jacket with "THE NORTH FACE" visible on the chest. He has white earbuds in his ears. The background is a field of golden-brown autumn leaves. In the foreground, the back of a person with long blonde hair is visible, and the handlebars of the bicycle are in the lower right.

# Rural roads

25% of fatalities on country roads happen on bends.

A photograph of two young women with long dark hair, smiling and talking to each other outdoors. The woman on the right is wearing a purple jacket and a colorful plaid scarf. The woman on the left is wearing a dark jacket with a white fur collar. The background is blurred, suggesting an outdoor setting.

# False

It's actually higher, 33.3% of fatalities happen on bends. Drivers should always brake before a bend and not on it.

Pedestrians should always:

1. Seek out straight runs of road with no hidden dips or bends
2. Ensure the road is clear before crossing