



4. Road ready

Age: 10-12



Learning objectives

1. I know how to travel independently (only with permission) to and from school as a pedestrian, cyclist or on public or school transport.
2. I know the risks - and the effect of risky behaviour – on the road and can develop strategies to cope with dangerous situations caused by others.

Learning outcomes

By the end of this lesson, pupils will have focussed their attention on road safety issues of local relevance. They will explore local statistics and consider a range of awareness resources relating to road safety.

Parental/guardian engagement

- Email or text parents/guardians a link to the [THINK! Map](#), to help them have a productive discussion with their child about their journey to school and what they should watch out for to help increase their road safety awareness.
- To build on this, the parents/guardians could also sit with their children to create an 'Implementation Intentions Plan' – a technique shown to help people put good habits into practice. Look at their route to school and identify any local danger spots, then create an 'if/then' plan looking at potential scenarios and planning what to do if they happen. For example, 'If I get to xx street and there are lots of parked cars, then I will walk to xx crossing and cross the road there.' Ask the parents to talk about different weather conditions and darkness when you send them the link, to encourage that awareness and pro-active **Green Cross Code** use.

You'll need:

- ✓ Teacher notes
- ✓ [THINK! Map](#)
- ✓ [First Journeys](#) film
- ✓ [Road ready? Expect the unexpected](#) film

Introduction

If pupils have already watched [First Journeys](#) and [Road Ready? Expect the unexpected](#), review their learning. Ask the pupils what they can remember - and the main messages behind the film. If you have not seen the films please see the following lessons: [Take the lead](#) and [Do You Stop, Look, Listen, Think?](#) for useful discussion questions, or simply choose one to play to set the scene for the lesson.

Teacher-led activity

THINK! Map: Remember, road safety can be a sensitive issue, before delivering THINK! Map information, please check whether any young people have been affected by a serious road incident as a witness or a victim. For more guidance for educators' information [click here](#).

Open the [THINK! Map](#), navigate to a local area and display to the class:

- Are any pupils aware of roads that they think might pose more risks than others?
- Are there any places locally where they already take extra care or feel nervous about as a road user?
- You may also want to look at an area that is very different to your own i.e. rural / urban/coastal/suburban/ etc.
- Explain that the [THINK! Map](#) contains lots of information about road accidents across the country. As a group, choose a location on the map to focus on and try and work out what the most pressing road

safety issues are in your local area, using the filters and information 'pop-ups' on the map.

- What are the most common and/or recurring modes of transport, age of casualty, times of day, outside conditions, as part of the listed incidents in your [THINK! Map](#) search?
- Ask pupils to consider how different weather conditions will result in drivers needing to adjust their behaviour - for example, if it's raining, drivers will need to give themselves more time to come to a stop or their cars may skid on wet surfaces.
- What needs to be considered when on the road in the dark?
- If pupils have taken part in [The science of stopping](#) ask them how they think different weather conditions affect how quickly someone can stop – on a bicycle, or in a car.

Recommended extension:

Consider an outdoor lesson where you walk to one of the local accident hotspots or difficult places to cross. Ask pupils on location to demonstrate how they would keep themselves and a sibling or friend safer if they needed to cross a road or cycle in that spot. This could test the idea of over-confidence or 'heroics' and open up discussions about how you need to keep yourself safe first to be able to help someone else.

Pupil-led activity

Once pupils have established their local road safety issues list - their task is to work in pairs or groups to design a road safety quiz for 7-12 year olds. Their quiz should use a range of questions based on their local road safety issue list as a way of teaching important messages to their audience of 7-12 year olds and the age group concerned. We recommend that pupils research existing child road safety quizzes/ideas online, through a search engine.

At the end of the lesson get pairs/groups to test each other with their new quizzes.

Extension

We recommend that you run the lesson [Campaign spotlight](#) next, which gets pupils designing Road Safety campaigns for the local area, based on the insights discovered from their completed [THINK! Map](#) research.

Helping the learning stick

- In winter, as the days get darker, as pupils leave school/at registration/start of a lesson ask whether they noticed if they had behaved differently on their journey to school. What did they notice about the weather or light conditions? What did they do to make sure they were safer? Actively praise pupils who are taking conscious action. Encourage the others to be mindful of poor weather/darker days.
- Consider asking pupils to deliver their road safety quizzes to younger pupils - in a local school - either in a lesson or an assembly.
- You could use a literacy or drama lesson to ask pupils to build on their quiz themes by making up a rhyme or a song and actions for it, for their target audiences. You could ask them to perform it to their own classes each day at registration in the week running up to the performance. Although it has been created for their target audience it will likely help their class mates to remember some key points too. The emotion and excitement of performing their own work will help them remember it.
- You may want to invite any parents/guardians, who are connected with the emergency services, to volunteer to share some thoughts about the importance of road safety and the consequences of risk taking on and around the roads.

Further recommended resources



Resource name	Format	Summary	Age range	Link
Benefits of Cycling Activity Sheet: Journey Times	PDF	Questions based on scenario where two children travel to school	KS2	http://bikeability.org.uk/manage/wp-content/uploads/Benefits_of_Cycling_Activity_Sheet_Journey_Times.pdf
Cycling and Health Activity Sheet: FAQs	PDF	Can you answer these FAQs on how cycling helps people stay healthy	KS2/3	http://bikeability.org.uk/manage/wp-content/uploads/Cycling_of_Health_Activity_Sheet_FAQs.pdf



Resource name	Format	Summary	Age range	Link
Hands up survey	PDF	Survey for groups to get views on how safe their roads are	5-11 y/o	http://roadsafetyweek.org/assets/docs/PDFs/survey5to11.pdf
Go20 Quiz	Online	Videos of 20's Plenty campaigners and quiz	KS2+	www.brake.org.uk/go20quiz/story_html5.html
Driven to distraction	Online game	Interactive game to find and fix driver distractions.	KS3+	http://roadsafetyweek.org.uk/silent/story_html5.html

