

THINK! Road Safety drop down day

Age: 13-16



The suggested drop down day timetable below has been designed for you to pick and choose a range of road safety activities to run over the course of a day.

A drop down day allows for an enhanced focus on topics related to road and personal safety, including wider skills such as dealing with peer pressure, speaking up and decision making. Our flexible content is designed to enable you to support students to equip themselves to be road aware. Resources support different learning styles, feature distancing techniques including role play, scenario exploration and encourage peer to peer expression.

Remember, road safety can be a sensitive issue, before delivering any of this content, please check whether any students have been affected by a road incident as a witness or a victim (either themselves or someone close to them).

Classroom delivery is beneficial but will be augmented by practical activities. Our resources encourage roadside activities and training, both role play and in real life.

[You can also invite Local Authority Road Safety Officers to come in and support delivery.](#)

The activities provided have been designed to build towards students creating their own road safety campaign to help improve personal and whole school road safety skills in the local community. Some schools may wish to run the drop down day as a competition offering the opportunity for the winning campaign to be developed into a formal local road safety and sustainable travel campaign.

Lesson one	Dangerous habits: This resource offers an opportunity for students to start the day by reflecting on the behaviours they have developed over the years as a pedestrian and a passenger. Students will watch the It's cool, it's not cool film and assess their own attitudes to risk.
Lesson two	Speak up: By the end of this lesson all students will have discussed the importance of speaking up in dangerous road safety situations, possibly those identified during the first lesson. Students will use the See, Think, Speak film and analyse a range of scenarios to address the challenges of speaking up to avoid potential risk.
BREAK	
Lesson three	Emergency stop: Students will confront some assumptions about road safety and the impact of distractions on reaction times. Through participation in a range of practical activities they will assess a range of factors that can impede reaction times.
Lesson four	Campaign HQ: Students will consider road safety statistics that are specific to their area using the THINK! Map tool. They will then go on to analyse the most effective strategies to persuade people to change their behaviour and become more responsible around the road whether they are a driver, a cyclist, a pedestrian or a passenger.
LUNCH	
Lesson five	Small changes: By the end of this activity all students will understand and have considered the benefits of sustainable travel, alongside the ways of how to do so safely. Many students will have thought about how they can improve their travel to make it more sustainable to benefit them, their families and their local communities. Students can continue to work on their school campaigns to include sustainable choices about travel to and from school.
Campaign HQ presentations (optional)	Students will pitch their campaign ideas generated during Campaign HQ to a judging panel. To incentivise the task further, students could be given the opportunity to develop winning ideas into a real road safety programme for the school.

*These activities have been designed with older students in mind please see differentiation guidance within each lesson.

